

Is Food Insecurity Affecting Your Life?

If you don't always have enough food to eat, you're not alone. According to a recent study, 42% of college students worry about having enough money for food. 35% end up skipping meals and 13% go without eating for 1-2 days.*

LOCAL RESOURCES FOR FOOD ASSISTANCE

-  **Bangor Ecumenical Food Cupboard**, a local food bank
207-942-8651; ecufoodcupboard@gmail.com
-  **Husson Garden**, mixed vegetables grown on campus
sustainability@husson.edu
-  **Husson Student Life**, a food insecurity fund
morehouset@husson.edu
-  **Hope House**, provides meals
207-217-6713; agiggey@pchbangor.org

WE'RE HERE FOR YOU

If you or someone you know is experiencing food insecurity, you can contact the following campus personnel to confidentially discuss additional resources.

- Tom Stone, Sustainability Director, stoneth@husson.edu
- Troy Morehouse, Associate Dean of Student Life, morehouset@husson.edu
- Abbie Burton, Counselor (LCPC-c), burtonab@husson.edu



SUSTAINABILITY
HUSSON UNIVERSITY

* McKeage, Kim K., Frank S. Wertheim, Sally Slovenski, and Sumaya El-Khalidi. "Food Insecurity in Maine Higher Education." *Maine Policy Review* 30.1 (2021), <https://digitalcommons.library.umaine.edu/mpr/vol30/iss1/2/>